

The  
CORPORATE  
HIPPIE

HOW TO MANIFEST  
THE SH\*T  
OUT OF YOUR LIFE

to Create the Life You've Always  
Wanted to Live



by Kimberly Adams



## HI, I'M KIM ADAMS...

*The Manifestor of Magic. I turned my rock bottom experience into something magical by becoming **a powerful creator**, and I want to help you do the same.*

## MY STORY...

At 47 years old, I'd hit rock bottom. I felt lost, broken and a shell of my former self going through a divorce after waiting my entire life to get married. **I felt like a failure.** I was at an all-time low. Fast forward several years and I've manifested the love of my life, building my own business inspiring and empowering women as well as a bonus mom to Tyler, Taylor, Conor, Natalia and Emilio.



## YOU WANT TO KNOW HOW, RIGHT?

Whilst there was nothing magical going on at this stage just yet, it **WAS** the beginning of **my manifestation journey**. I guess upwards is the only direction you can head in when you've hit your lowest point! Magic cannot happen until you're ready to receive, it had taken me going through hell to decide I'd had enough and that I deserved more. I just knew there was so much more waiting for me, so I began to seek it out. **I got curious...** about people, about spirituality, about traveling further and about trying new experiences. I began listening to my intuition and heart, and started to tap into the possibilities I was becoming open to **explore** and **receive**.

In short... I began saying **YES**.

**YES** to wanting more, **YES** to new beginnings, **YES** to manifesting the Shit out of my life and living the life I truly wanted to live!

## ARE YOU READY TO DO THE SAME?

Perhaps you're in a new and happy relationship and want to manifest more of the same, or you're coming out a dark time in your life yet you're ready to turn things around. Perhaps you're starting your own business and don't know exactly where to start, or coming out of Covid with a new sense of what you want in your life but need a pathway to begin working towards it.

Whatever your reason for wanting guidance and magic, let me help you take the steps you want to take towards living **your dream life.**

## SO HOW THE HECK CAN YOU MANIFEST THE SHIT OUT OF YOUR LIFE?

If you're ready, then I'd love to show you how...



## STEP 1: BELIEVE. AND TRUST.

When I was at my lowest, I didn't believe I'd ever get out of my hole. It felt as though it would take a miracle to bring me back to my highest self. And that's exactly what I got. Only, this miracle didn't just happen... **I made it happen.** Taking the steps I needed to take—believing that I deserved happiness, and trusting that the universe was conspiring in my favor. Manifesting takes belief, trust and faith... **asking for what you want, and trusting that you'll receive it.** Manifesting isn't always about money (although it's pretty great when it is, right?)... it's about asking the universe for what you want, then trusting whichever way it's delivered. Following the breakup with the love of my life (who is also the love of my life today), **I needed a sign.** The first thing to pop into my head? A frog. The next day, what do I see? Not just one frog, but TWO. In different forms, in different places. That was all the sign I needed that we would find our way back. And boy am I happy to say that we did. All because **I believed,** and trusted in the greater good.

### JOURNAL PROMPT:

What do you truly want in life? What does it look like, feel like, smell like? Example: Seeing the beach from your new home - imagine yourself there.



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## STEP 2: GET STILL.

Finding stillness and quiet **changed my freaking life**. The quieter I got, the clearer the nudges became and the more the ideas flowed. I felt something I hadn't felt in years... **a spark**. I finally felt ready to take inspired action to take me closer to my magical life. Why not give stillness a go too? Whether trying meditation or simply taking a few deep breaths, this is about **finding calm** and **letting your intuition lead the way**. It knows all of the answers if you trust and truly listen.

### JOURNAL PROMPT:

When you listened to your intuition, what did you hear? What is your higher self whispering to you?



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## STEP 3: BEGIN TO PRACTICE RADICAL SELF LOVE

Ever heard the saying 'you get back what you give'? Yup, 100% **true**. And it's no different for manifesting the shit out of your life too. When I was low in self confidence and all out of self worth, I seemed to attract **even more** of the very things that made me feel this way. I'd experienced sexual abuse, my parents divorced, I developed an eating disorder, flunked out of college, ended up working for my jerk-of-a-boss dentist (I mentioned him right?) and almost married the wrong man. It was a ripple effect, in **all the wrong ways**. Something had to change! And it did. As soon as I listened to my inner Guru, got still, began to put myself first (even when I didn't want to) and began to **practice self care...** THAT's when magical shit you just can't make up started to happen. I manifested a new job, earned my college degree, became a successful business woman, author and speaker and manifested the man and life of my dreams. **This shit works.**

### JOURNAL PROMPT:

When you listened to your intuition, what did you hear? What is your higher self whispering to you?



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## STEP 4: VISUALIZE THE OUTCOME..

I wrote my book *The Corporate Hippie* not by mapping it all out, but by **visualizing and embodying all that it would become**. How? By imagining my book finished before I even got started. I needed to know how finishing it would feel. So... I had a sound bowl meditation, downloaded all of my thoughts and feelings straight afterwards, visualized the finished book, then took action steps forward. My book took almost 4 years from start to finish... and I'd visualized it all. From vision boards to visualization—heck, to bringing it to life on Instagram— this step is about taking what you want from step 1 of this guide, and **bringing it to life**.

### JOURNAL PROMPT:

What do you want your life to look and feel like? How much are you working, what are you doing below...



## STEP 5: SURRENDER, and ALLOW THE UNIVERSE TO BRING YOU ALL THAT YOU DESIRE.

Becoming a Magical Manifestor sounds like hard work, right? Well here comes the not-so-hard part... To simply stop, and surrender. **Practicing radical self love** and **visualizing my future** laid the foundations for me, I'd done the work and now it was time to let the universe do it's thing. I'd set my intentions, started to take aligned action, then it was time to let go of all expectations and wait with love and positivity. If there's one thing I've learned it's that you can't rush the universe, you can only **trust and surrender**. As soon as I did... that's when all the good (and by good, I mean AMAZING) stuff started to happen. It's waiting for you too, are you ready to receive?

### JOURNAL PROMPT:

Final journal prompt: What is it that you wish to manifest and what is the sign you wish to be shown to guide you to w see? I still to this day have no idea why I chose it!). Do you believe your manifestation can happen? How long are you thoughts and beliefs below...



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REMEMBER:

INTENTION + ACTION = MAGIC

Now go manifest the SHIT out of your life, and tag me on Instagram when you do!



## MORE ABOUT KIM:

Kim lives in Orange County, California with the love of her life and loves life as a bonus mom to Natalia and Emilio. She is a best-selling author of *The Corporate Hippie*; a book all about her intuitive methods for building a business from \$700K to \$30MM with a badass group of women.

Kim is on a mission to inspire as many women as I can to change their lives in an instant by practicing meditation/stillness, trusting the universe through synchronicity and manifesting the shit out of life.

She wants to change how teams work together in corporate America, and how YOU lead your life, by operating from a place of joy and love to become your best and highest self.



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